

CURRICULUM VITAE

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Positions Held: Professor Community Faculty,
Department of Psychiatry and Behavioral Sciences
Eastern Virginia Medical School

Private Practice

Education:

1974: B.A. Psychology
University of Connecticut – Storrs

1979: Psy.D., Clinical Psychology
University of Illinois - Urbana-Champaign

1979: Psychology Resident, Clinical Psychology
University of Wisconsin-Madison School of Medicine

1980: Postdoctoral Fellow, Clinical Psychology
University of Wisconsin-Madison School of Medicine

GRADUATE TEACHING

- 1993-1995: Changing Family Life Cycle: Psychology Intern Seminar, Veteran's Administration Medical Center
- 1990-1995: Advanced Family Techniques. Fourth Year Concentration (Psychology 698), Psy.D Consortium Program, Eastern Virginia Medical School
- 1982-2003 Foundations of Family Therapy Seminar; Advanced Techniques in Family Therapy Seminar; Group Supervision in Marital/Family Therapy, Psychiatry Residents, Eastern Virginia Medical School
- 1985-2009: AAMFT. Approved Supervisor, training applicants (clinical psychologist, psychiatrist, and licensed clinical social workers).
- 1983-1987: Senior Faculty, Two-year Family Therapy Externship Program, Eastern Virginia Family Therapy Institute
- 1982-1987: Senior Faculty, One-year Family Therapy Certification Program, Eastern Virginia Family Therapy Institute
- 1981-1982: Clinical Supervisor, Tidewater Psychiatric Institute, Department of Social Work
- 1980-1981: Marital/Family Case supervision, Department of Psychiatry, University of Wisconsin Medical School

ACADEMIC AND CLINICAL POSITIONS

Private Practice of Clinical Psychology – outpatient psychotherapy of young adults and adults, The Psychotherapy Center, 1980 – Present

PSYPACT Certified Telehealth Psychologist – 2020-Present

Director, Center for Eating Disorders, Norfolk, Virginia. 1983 - 2022

Professor in Psychiatry, Eastern Virginia Medical School, 1997- Present.

Adjunct Professor, Department of Psychology, Old Dominion University, 2000-2002

Adjunct Associate Professor, Department of Psychology, College of William and Mary. 1993 - 1994

Visiting Professor, Department of Psychology, Veteran's Administration Medical Center. 1993 - 1995

Associate Professor, Department of Psychiatry and Behavioral Sciences, Eastern Virginia Medical School. 1987 -1997

Senior Faculty, Eastern Virginia Family Therapy Institute, Assistant Professor, Department of Psychiatry and Behavioral Sciences. 1986 - 1987

Assistant Professor, Department of Psychiatry and Behavioral Sciences, Eastern Virginia Medical School. 1982 - 1987

Research Associate, Wisconsin Psychiatric Institute, University of Wisconsin Medical School. 1980- 1981

Post Doctoral Fellow, Department of Psychiatry, University of Wisconsin Medical School. 1979 – 1980

CONSULTING POSITIONS

Representative Tidewater Region, Mental Health Quality Assurance Committee, Anthem Blue Cross/Blue Shield of Virginia. 1995 - 2015

Consultant to Psychology Service, Portsmouth Naval Hospital and Veteran's Administration Medical Center, Hampton, Virginia, 1992

HONORS AND AWARDS

Didactic Instructor of the Year. Eastern Virginia Medical School Dept. of Psychiatry, 1999,

2000 Phi Beta Kappa, inducted 1974

Phi Kappa Phi, inducted 1973

Sigma Xi Research Foundation Associate, inducted

1974

Fellow of American Psychological Association (Division 43)

Fellow of American Academy of Clinical Psychology

Diplomate, American Board of Professional Psychology

MEMBERSHIP ON LOCAL AND NATIONAL COMMITTEES AND BOARDS

2008-Present: Board, American Family Therapy Academy

2005-2010: Editor in Chief, AFTA Monograph Series

2005-2010: Chair, Publications Committee, American Family Therapy
Acad.

2005-2009: Board of Directors, American Family Therapy Academy

2002-2009: Abstract Reviewer, AAMFT

2001-2003: Secretary, American Family Therapy Association

1995-1997: Board of Directors, American Family Therapy Academy

1995-1997: Chair, Awards Committee, American Family Therapy Academy

1993-2005: Member, Ethics Committee, American Family Therapy Academy

1992-1996: Book Review Editor, Journal of Feminist Family Therapy

1991: Ad hoc reviewer, Journal of Family Psychology

1987-1997: Advisory Editor, Journal of Feminist Family Therapy

1984-2000: Advisory Council, American Anorexia and
Bulimia Association (Virginia Chapter)

1984: Member at Large, Board, Tidewater Academy of Clinical

Psychologists
1983-2009: Clinical Supervisor, AAMFT approved therapist
trainees; clinical psychology fellows

PROFESSIONAL SOCIETIES

American Board of Professional Psychology - Diplomate

American Association for Marriage and Family Therapy: Member and Approved Supervisor
1984-2009

American Family Therapy Academy: Member

National Register of Health Care Providers

Tidewater Academy of Clinical Psychologists

Virginia Academy of Clinical Psychologists

Virginia Psychological Association

Roberto-Forman, L. (2010). Transgenerational supervision. In T. Todd and C. Storm (Eds.), The complete systemic supervisor (Japanese trans.).

Roberto-Forman, L. (2009). Transgenerational couples therapy. In A. S. Gurman (Ed.), Clinical handbook of couple therapy, 4th Ed.,196-228. N.Y.: Guilford.

Roberto-Forman, L.(2008). Transgenerational marital therapy. In A.S. Gurman and N.S.Jacobson, Clinical Handbook of Couple Therapy, 3rd Ed., 118-150. N.Y.: Guilford.

Roberto-Forman, L. (2004). Family Policy Forum: Further erosion of immigrants' rights American Family Therapy Academy Newsletter, 91(Fall/Winter), 42-45.

Roberto, L. G. (1992).Transgenerational Family Therapies. New York: Guilford.

Roberto-Forman, L.(2002). Transgenerational marital therapy. In A.S. Gurman and N.S.Jacobson, Clinical Handbook of Couple Therapy. N.Y. Guilford Press.

Roberto-Forman, L.(1998). A transgenerational family therapy. in F.M. Dattileo (Ed.), IntegrativeCases In Couples And Family Therapy: A Cognitive-Behavioral Perspective. N.Y.: Guilford Press.

Roberto, L. (1996). Supervision: The transgenerational models. In T.C. Todd and C. Storm (Eds.), The Systemic Supervisor: Context, Philosophy, And Pragmatics (pp. 156-172). Needham,MA: Allyn and Bacon.

Roberto, L. (1996,Winter). Symbolic-experiential theory through the gendered lens. American Family Therapy Academy Newsletter 61 , 21-22.

Roberto, L. (1995, Summer). Theory, patronage, and the health care economy. American FamilyTherapy Academy Newsletter, 60, p. 52.

Roberto, L. (1993). Eating disorders as family secrets. In Imber-Black, E. (Ed.), Secrets in Families and Family Therapy (pp. 160-181). New York:Norton.

Roberto, L. Giat (1991). Impasses in The Family Treatment of Bulimia Nervosa. In Woodside, D.B., and Shekter-Wolfson, L.S., Family Approaches in Treatment of Eating Disorders (pp.67-87).Washington, D.C.: American Psychiatric Press.

Roberto, L. Giat (1988). The vortex: Siblings in the eating disordered family. In K.G. Lewis and M.D. Kahn (Eds.), Siblings in Therapy (pp.297-314). New York: Norton.

- Roberto, L. Giat (1987). Bulimia: transgenerational family therapy. J.E. Harkaway (Ed.), Eating Disorders and Family Therapy,(pp.1-11). New York: Aspen.
- Roberto, L. Giat (1986). The Starving Family: Transgenerational Treatment of Anorexia Nervosa.(Videotape). Virginia Beach, Virginia: Eastern Virginia Family Therapy Institute.
- Roberto, L. Giat (1986). Bulimia: The transgenerational view. Journal of Marital and Family Therapy,12, 231-240.
- Roberto, L. Giat (1986). Wanted: A good cookbook. [Review of the book Family Therapy: A Practical Manual]. Contemporary Psychology, _1, 352-353.
- Roberto, L. Giat (1985). Food fright: On the anorexia team. Family Therapy Networker, 2, 57-61.
- Roberto, L. Giat (1985). Anorexia nervosa: The too richly cross-joined family. AF. T.A. Proceedings: Abstracts of the Seventh Annual Meeting of the American Family Therapy Association, p. 34.
- Roberto, L. Giat (1984). The Vietnam legacy: Family Therapy of Bulimia. (Videotape). VirginiaBeach, Virginia: Eastern Virginia Family Therapy Institute.
- Roberto, L. Giat (1984). Review of the book Clinical Implications of the Family Life Cycle.Journal of Marital and Family Therapy. 10.
- Roberto, L. Giat (1983). Issues in diagnosis and treatment of transsexualism. Archives of Sexual Behavior, 12, 445-473.
- Roberto, L. Giat, and Kniskern, D. (1991). Symbolic-experiential family therapy. In A.S. Gurman and D. Kniskern (Eds.). Handbook of Family Therapy (pp.444-479). New York: Brunner/Maze!.
- Benjamin, L.S., Estroff, S., and Giat, L. (1981). Coding manual for structural analysis of social behavior (SASB). Unpublished manuscript, University of Wisconsin.
- Benjamin, L.S., Foster, S.W., and Roberto, L. Giat. (1985). Coding videotapes of family interactions by structural analysis of social behavior. In L. Greenberg and W. Pinsof (Eds.),Handbook of Psychotherapy Research. New York: Guilford.
- Giat, L. (1978). An examination of the role of subjective and physiological components of self-report empathy. Unpublished manuscript, University of Illinois at Urbana-Champaign.
- Allen, G.J., Giat, L., and Cherney, R.J. (1975). Locus of control, test anxiety, and student performance in a personalized instruction course. Journal of Educational Psychology. 66, 968-973.

WORKSHOPS AND INVITED ADDRESSES

The Plight of Detainees in the U.S. Panel presentation to Annual Meeting of American Family Therapy Academy, San Francisco, California, June 2005.

Innovations in Couples Therapy. Lecture presented to: Tidewater Academy of Clinical Psychologists, Eastern Virginia Medical School, Norfolk, Virginia, May, 2005.

Anorexia Nervosa: Diagnosis and Clinical Management, Workshop presented at: Community Physician's-Seminar, Children's Hospital of The King's Daughters, Norfolk, Virginia, June 2003.

Innovations in Couples Therapy: What Have We Learned? Workshop presented at: Community Seminar, Sentara Health Systems, Virginia Beach, Virginia, November, 2001.

From Psychosomatics To Feminist Systems Medicine. APA Fellow Address to: Annual Meetings of American Psychological Association, Washington, D.C. August 2000.

Individual and Family Treatment of Anorexia and Bulimia. Workshops presented at: Spring Professional Forum, Virginia Beach Psychiatric Center, Virginia Beach, Virginia, May 2004.

Women's Dreams and Visions. Workshop presented to: Women's Institute, Annual Meetings, American Family Therapy Academy, Montreal, Canada, June 1998.

Managed Care and the Family Therapy Triangle. Paper presented to: Ethics Forum 17th Annual Meetings, American Family Therapy Academy, Cambridge, Massachusetts, June, 1995.

Issues In Transgenerational Supervision. Paper Presentation To 17th Annual Meeting Of American Family Therapy Academy, Cambridge, Massachusetts, June, 1995.

Binge Eating Disorder and Female Obesity. Workshop presented to: Annual Family Therapy Networker Symposium, Washington, D.C., 1994.

OA and AA: A View from the Gender Gap. Paper presented to Annual Meeting of American Family Therapy Academy, Baltimore, Maryland, 1993.

A Raft of Techniques for Transgenerational Family Therapists, Workshop presented to: Fiftieth Annual Meeting of American Association for Marriage and Family Therapy, Miami, Florida, 1992.

The Trophy Wife Phenomenon. Paper presented to: Annual Meeting of the American Family Therapy Association, San Diego, California, 1991.

Liddle, H., Gurman, A., Pinsof, W., and Roberto, L. Giat. What's Wrong with Family Therapy? Workshop presented to: Forty-eight Annual Meeting of American Association for Marriage and Family Therapy, Washington, D.C., 1990.

Roberto, L. Giat, and Mintle, L.M. Treating the Military Family. Workshop presented to: Forty-seventh Annual Meeting of American Association for Marriage and Family Therapy, San Francisco, California, 1989.

Hot Potato: Therapeutic Impasses with Psychosomatic Families. Workshop presented to : Forty-fourth Annual Conference of American Association for Marital and Family Therapy, Chicago, 1987.

The Starving Family: Intensive Transgenerational Treatment of Anorexia Nervosa
Workshoppresented to: Forty-fourth Annual Conference on Family Therapy, American Association for Marital and Family Therapy, Orlando, Florida, 1986.

Managing Food Fright: Results in the Family Therapy of Bulimia Invited presentation to: Ninth Annual Family Therapy Network Symposiwn, Washington, D.C., 1986.

Anorexia Nervosa and Bulimia in the Family Context.
Invited presentation to: Norfolk Interagency Conference, Norfolk, Virginia, 1986.

Breaking the Family Crucible: Symbolic-Experiential Family Therapy Workshop presented at theForty-third Annual Conference of American Association for Marital and Family Therapy, New York City, 1985.

Anorexia Nervosa: The Too Richly Cross-Joined Family.
Paper presented to : Annual Meeting of American Family Therapy Association, San Diego,California, 1985.

Bulimia: The Transgenerational View
Workshop presented at the Annual Meeting of American Association for Marital and FamilyTherapy, San Francisco, California, 1984.

Anorexia Nervosa and The Too Richly Crossed-Joined Family.
Paper presentation delivered at: Treating Anorexia Nervosa and Bulimia, sponsored by Virginia Polytechnic Institute and State University, Blacksburg, Virginia, 1984.

Marriage and Family: Changing Norms.
Invited Presentation to: Spring Meetings of Virginia Mental Health Association, Norfolk, Virginia, 1984.

The Starving Family: Anorexia Nervosa in Context.
Workshop presented to: Eastern Virginia Family Therapy Institute, Virginia Beach, Virginia, 1984. Invited presentation to: College of William and Mary, Williamsburg, Virginia, 1984.